

Trening Ankerskogen flex start → 6. Runde

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|--|--|--|------------------------|
| | | | 4 - 08:36 |
| | | | Geir Kristian Jacobsen |
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| | | | 9 - 09:36 |
| Petter Fjæstad | | | |
| daniel rønning | | | |
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| | | | 17 - 11:12 | | | 19 - 11:36 | |
| | Kasper Skovly | | | | | Sverre Bang Støeng | |
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| | | | 22 - 12:12 | | 23 - 12:24 | | 24 - 12:36 |
| | | Magnus Smedby | | | Emil Rønningen | | Isak Hansen |
| | | Roy-Arne Jensen | | | | | |
| | | Tom Erik Kristiansen | | | | | |

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|--|-------------------|--|-------------------|--|-------------------|--|
| | 25 - 12:48 | | 26 - 13:00 | | 27 - 13:12 | |
| | Thorbjørn Viberg | | Morten Strypet | | Joakim Trontveit | |
| | | | Skjalg Lidsheim | | Kjetil Ånnevik | |
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|--|--|-------------------|--|-------------------|--|
| | | 30 - 13:48 | | 31 - 14:00 | |
| | | Thomas Stavnem | | petter aalstad | |
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|--|--|-------------------|--|-------------------|--|
| | | 34 - 14:36 | | 35 - 14:48 | |
| | | mattis løken | | Einar Mykleset | |
| | | adrian berget | | sondre solbakken | |
| | | dennis osmani | | Fredrik Moerstad | |

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| | | | 44 - 16:36 |
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| | | | Niklas Krokstad |
| | | | Håkon Mathias Løvenskiold Kveseth |
| | | | Magnus Hagen |

| | | 47 - 17:12 | |
|--|--|-------------------|--|
| | | Knut Hummelvoll | |
| | | Frode Steen | |
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