

# Trening Dragvoll Flex start → Torsdag 21. Mai




13 (basket 12) - 11:00	14 (basket 13) - 11:10		
Thomas Johansen	Jonathan Bierach		
Marius N Nicolaysen			
Magnus Røed			
Hanne Margrethe Hildrum			

		19 - 12:00	
		Kristoffer Melkvik	
		Mats Reed	

			24 - 12:50
			Simen Moe

25 - 13:00			28 - 13:30
Christoffer Seljehaug			Elise Songe Kittelsen
Trygve Leithaug			

	30 - 13:50		
	ola Sakrisrud		

33 - 14:20	34 - 14:30	35 - 14:40	
Tor Erik Ekle	Ole-Magnus Pedersen	Roy Skogvold	
Erlend Ekle	Viviann Hole		

			<b>40 - 15:30</b>
			Jens Petter Myhra
			Tommy Ramstad Isaksen
			Markus Sandnes

	<b>42 - 15:50</b>	<b>43 - 16:00</b>	<b>44 - 16:10</b>
	Georg Hegge Hansen	Rasmus Søvik	Robin Eidsmo
		Magnus Tangen-Pedersen	

<b>45 - 16:20</b>	<b>46 - 16:30</b>	<b>47 - 16:40</b>	
Jon Einvik	Tore Stensaker Tefre	Simen Tøndel Hopen	
		Audun Hopen	

<b>49 - 17:00</b>	<b>50 - 17:10</b>		
Tom Henrik Olsen	David Strandin		
Håvard Halvorsen			
Håkon Kjelstrup			
Kjetil Lien			



	<b>58 - 18:30</b>		
	Christian Trøite		

<b>61 - 19:00</b>			
Amanda Singleton			
Sampsa Kohtala			
Eirik Wist			