

# Trening Dragvoll Flex start → Tirsdag 14. September

| 1 - 09:00        | 2 - 09:08  | 3 - 09:16     |  |
|------------------|------------|---------------|--|
| Vidar Nielsen    | Olve Berge | Simen Rønning |  |
| Minh Pham        |            | Stian Kambuås |  |
| Joakim Ludvigsen |            |               |  |

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|  | 14 - 10:44      |  |  |
|--|-----------------|--|--|
|  | Magnus Håkonsen |  |  |
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|  |  | 23 - 11:56    |  |
|--|--|---------------|--|
|  |  | Håvard Larsen |  |
|  |  | lasse løberg  |  |
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|  |  | 31 - 13:00    | 32 - 13:08         |
|--|--|---------------|--------------------|
|  |  | Jarl Røyrhus  | Kristoffer Aandahl |
|  |  | Torje Rolfsen |                    |
|  |  |               |                    |

| 33 - 13:16            | 34 - 13:24         |  |  |
|-----------------------|--------------------|--|--|
| August Nygaard Nordby | Thom-Werner Øvrebø |  |  |
|                       | Roy Skogvold       |  |  |
|                       |                    |  |  |

|  | <b>38 - 13:56</b> |  | <b>40 - 14:12</b> |
|--|-------------------|--|-------------------|
|  | Herman Gulvik     |  | Vegard Ervall     |
|  |                   |  |                   |
|  |                   |  |                   |

| <b>41 - 14:20</b> |  | <b>43 - 14:36</b>       |  |
|-------------------|--|-------------------------|--|
| Kristian Finnerud |  | Øystein Vikøren Espenes |  |
| Camilla Strøm     |  |                         |  |
|                   |  |                         |  |

|  |  |  | <b>48 - 15:16</b> |
|--|--|--|-------------------|
|  |  |  | Mattis Toverud    |
|  |  |  | Hanna Sletten     |
|  |  |  |                   |

|  | <b>50 - 15:32</b> | <b>51 - 15:40</b>  | <b>52 - 15:48</b> |
|--|-------------------|--------------------|-------------------|
|  | Morten Offerdal   | Håkon Vinje Jensen | Einar Larsen      |
|  | Ole Neraune       |                    |                   |
|  | Petter Arestøl    |                    |                   |
|  | Lars Olaisen      |                    |                   |

|  | <b>54 - 16:04</b> | <b>55 - 16:12</b>        | <b>56 - 16:20</b>   |
|--|-------------------|--------------------------|---------------------|
|  | Ola Kleven        | Mikkel Pettersen Førsund | Sigve Sørensen      |
|  | makka disk        | knut aartun              | Espen Skogstad Berg |
|  |                   | Magnus Skånlund          | Odin Albrigtsen     |
|  |                   |                          | Valera Shevchenko   |

| <b>57 - 16:28</b> | <b>58 - 16:36</b> | <b>59 - 16:44</b> | <b>60 - 16:52</b> |
|-------------------|-------------------|-------------------|-------------------|
| Filip Hovland     | Odd Arne Berild   | Eskild Brobak     | Benjamin Derås    |
| Amund Grasbakken  | Eskil Gunnes      | thomas kvello     |                   |
|                   |                   | Mats E.           |                   |
|                   |                   |                   |                   |

| <b>61 - 17:00</b>      | <b>62 - 17:08</b>     | <b>63 - 17:16</b> | <b>64 - 17:24</b> |
|------------------------|-----------------------|-------------------|-------------------|
| Arnar Flatberg         | Tore Flø Johnsen      | Kristian Øverli   | sondre uddu       |
| Fredrik Theodor Larsen | Jan-Erik Strøm        |                   |                   |
| Adrian Johannessen     | Espen Kvam            |                   |                   |
|                        | Ben Oscar Strømhylden |                   |                   |

| 65 - 17:32            | 66 - 17:40         | 67 - 17:48         | 68 - 17:56          |
|-----------------------|--------------------|--------------------|---------------------|
| Daniel Bjørge Aalberg | Tor Ivar Veimo     | Ola Borgen         | Petter Aspås        |
| Sofie Tiltnes         | Sindre Zachariasen | Magnus Aannø Kraft | Ola Morset          |
|                       |                    | Tom André Aagaard  | sondre aasheim juul |
|                       |                    |                    |                     |

| 69 - 18:04       | 70 - 18:12         | 71 - 18:20      | 72 - 18:28      |
|------------------|--------------------|-----------------|-----------------|
| Steffen Mathisen | Ole Johan Andersen | Andreas Kalstad | Emil Sandum     |
|                  | Vegard Stengrundet | Espen Smevik    | Margareth Holte |
|                  | Erik Skår          |                 |                 |
|                  | Sondre Berg        |                 |                 |

| 73 - 18:36         | 74 - 18:44         |  |  |
|--------------------|--------------------|--|--|
| Tomas Bønes Wedege | Eirik Meyer Jensen |  |  |
| Mathias Dam        | Børge Klungerbo    |  |  |
|                    |                    |  |  |
|                    |                    |  |  |

| 77 - 19:08            |  |  |  |
|-----------------------|--|--|--|
| Torgrim Lamvik Sollie |  |  |  |
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