

SøndagsFlex → 12. Februar

		7 - 08:00	
		Adrian Lilleaasen	

	14 - 09:10	15 - 09:20	
	Tom Erik Steen	Ole Johannes Skaar	
	Anniken Steen	Tim Schrøder	

	18 - 09:50	19 - 10:00	20 - 10:10
	Håvard Sørli	Lars Vangen	Emil Johansen
	Per Christian Løwengreen	Jon Kristoffer Hansen	martin juelsen
	Per Anders Holstad		Kristoffer Nordhavn

21 - 10:20	22 - 10:30	23 - 10:40	24 - 10:50
Flemming Jensen	Jimmy oseli	Tony Rene Asmyhr	Tommy Johansen
Peter Paulsboe	Daniel Andersen	Eivind Park Pettersen	Ann-Therese Grøv
	Mats Larsen		Jon Due
	daniel thuresson		

25 - 11:00	26 - 11:10	27 - 11:20	28 - 11:30
Michael Tholstrup	Emil André Glenge	Karl-Erik Aleksandersen	Christian Olai-Olssen
Henrik Tholstrup	Cato Glenge	Knut Pedersen	Børge Arnesen
Mikael Glenge		Thorgeir J. Berg	Christian Hansen
			Jørgen Thoresen

29 - 11:40	30 - 11:50		
Lars Magnusson	Bjørn-Henrik Ekeli		
TreningOnline.no	Jan Erik Trinborg		
Helene Bunes	Jan Thomas Trinborg		

			36 - 12:50
			Dan Sundby-Iversen
			Vladimir Karlov
			Dennis Andersen

37 - 13:00			40 - 13:30
marius Christiansen			Karoline Syversen
Oscar Langskau			Tor Arne Jostad

	46 - 14:30		
	Petter Strøm		
	Kristian Strøm		