

# Helge Flex → Søndags flex


5 - 09:30		7 - 10:00	
Morten Vaage		Henrik Salvesen	
		Ole Andre Vik	
		kenneth nilsen	
		Christian Iversen	





			28 - 15:15
			Joachim Bay
			kristian seefai

			32 - 16:15
			Trygve Bredal

		35 - 17:00	36 - 17:15
		Morten Lindanger	Henrik Alsaker
		Rune Lindanger	Håkon Kristoffersen