

# Hestehagen - Lørdagsflex 12.08.2023


5 - 09:00			
Martin Bentzen			
Kjell Norshus			
Thomas Lunder			
Tung Van Nguyen			

9 - 10:00	10 - 10:15		
Øyvind Thorbjørnsen Nielsen	Jannicke Carina Heia-Sannerholt		
Thomas Lunde	Rhinn Heia-Sannerholt		
Thomas Aske			
Janne Helén Eik			

13 - 11:00		15 - 11:30	16 - 11:45
Trond Grønskei		Christoffer Antonsen	Dan Martin Danielsen
Øyvind Haraldsen		Kristian Myreng	Andreas Steen Halmrast
		Daniel Kristensen	Stephan Heidenstrøm
		Simen Myreng	
		Henning moen	

17 - 12:00	18 - 12:15	19 - 12:30	20 - 12:45
Christian Furustad Marthinsen	Noa Melby	David Einarsen	Filip Tamang
Atle Larsen	Martin Gulbrandsen	Mathias Lia	Truls Smee Landfald
Fredrik Andersen		Kristoffer Stridal	
		Andreas Simensen	

21 - 13:00	22 - 13:15		24 - 13:45
Marcus Åsbø	Thomas Beckmann		Emma Bergh
Eivind Ødegaard	Monica Næss		Sondre Bergan Moen
	Andreas Älveborn		

			<b>28 - 14:45</b>
			Jakob William Andresen
			Daniel Hedel



			<b>36 - 16:45</b>
			Tommy Steingrimsen
			Roland Øverland
			Tony Rene Asmyhr
			Ole Christian Lysaker







<b>45 - 19:00</b>			
			Gunnar Hay
			Teo Huer