

# Hestehagen - Lørdagsflex 02.09.2023 (Gold)


	6 - 09:15		
	Martin Bentzen		
	Håkon Gromstad		

9 - 10:00			
Marius Jansen Grønvold			
Kjetil Jakobsen			
Alexander Markham			

13 - 11:00		15 - 11:30	16 - 11:45
Martin Lillesund Veholt		Lars Morten Herheim	Marcus Løken
Magnus Lie		Bjarke Hagen	Bjarte Sundt
Stefan Hoang		Jan Banan Thalmann	Oskar Håkestad
Stian Hem			

17 - 12:00	18 - 12:15	19 - 12:30	
Joakim Nilsen	Ina Kristin Emilie	Trym Steen	
Filip Tamang	Lars Jonas Narvhus	Joachim Jensen	
Truls Smee Landfald	Henning	Ove Størholt	
	Ken Alexander Nygård		




<b>33 - 16:00</b>	<b>34 - 16:15</b>	<b>35 - 16:30</b>	
Dan Martin Danielsen	Tim K	Thomas Larsen	
Ronny Breivik	Håkon Amundsen	Thomas Kjær	
	Anne Amundsen		
	Bjørn Arild Auen		

<b>37 - 17:00</b>	<b>38 - 17:15</b>		<b>40 - 17:45</b>
Tommy Johansen	Joakim Momork		Teo Huer
Eivind Park Pettersen	Henrik Emil Arntzen		Alexander Sørensen
			Tobias Kristiansen

	<b>42 - 18:15</b>	<b>43 - 18:30</b>	<b>44 - 18:45</b>
	Tobias Astrup Kaurel	Kenneth Sønsterud	Joachim Enger Nilsen
	Erlend Astrup Kaurel	Kay Robin hvam	Roland Øverland
		Tommy Fosland	