

SENHøstligaen 2023 - av Stovner Frisbeeklubb og Team INNOVA

Table of points

No	Name	SENHøstligaen 2023 -Runde 1	SENHøstligaen 2023 -Runde 2	SENHøstligaen 2023 -Runde 3	SENHøstligaen 2023 -Runde 4	SENHøstligaen 2023 -Runde 5	SENHøstligaen 2023 -Runde 6	Total
Pro Open								
1	Espen Borgersrud					46	43	89
2	Isak Ingvald Sagedal Aalholm			50			34	84
3	Henrik Villadsen	50						50
3	Håvard Harnes Mongstad					50		50
3	Kristoffer Torp						50	50
3	Mathias Bergane Johansen	50						50
7	Martin Myrvang						46	46
7	Daniel Løkse				46			46
7	Nicolai Aasen		46					46
10	Magnus Thorstensen				43			43
10	Marius Prøsch						43	43
10	Marko Juhola		43					43
10	Torkjell Romskaug				43			43
14	Lars Henning Pedersen						37	37
14	Bendik Alm				37			37
Mixed Amateur 3								
1	Kenny Lu	40	40			43	43	166
2	Dang Quoc Nguyen	46	37			50		133
3	Elias Larsen		46		40	28		114
4	Lars Myhrer				46	37		83
5	Jonas Hæstad		50			30		80
6	Even Engen Hedin				43	32		75
7	Marc Johannsen						50	50
7	Isak Ingvald Sagedal Aalholm	50						50
7	Jens A. Kristiansen				50			50
10	Anders Nielsen		46					46
10	Henrik Prøsch						46	46
10	Vegard Egeberg					46		46
13	Andreas Emanuel Enger	43						43
13	Jørgen Nordahl						43	43
15	Said Zabihian					40		40
16	Philip Berge		34					34
16	Øivind Lundberg					34		34
18	Anders Bringslid		32					32
19	Peter Jonasson					26		26
Mixed Amateur 4								
1	Evan Strait		50		46	50	40	186
2	Mats Jahr	50			43			93
3	Andreas Hammersland		40				43	83
4	Anders Holte	37				43		80
5	Magnus Nyhammer					40	34	74
5	Benjamin Breang	40					34	74
7	Kent Andreas Sæterøy		34				28	62
8	Sander Stilén				50			50
8	Teodor Bruknapp						50	50
10	Iver Honningdal	46						46
10	Benjamin Eriksen		46					46
10	Erlend Kotte Åsgren						46	46
10	Roger Kvaløy					46		46
10	Jakob Bringslid		46					46
15	Sindre Andresen	43						43
16	Håvard Egeberg				40			40
17	Andreas Tamnes						37	37
17	Ole Morten Myrvoll		37					37
17	Mats Alexander Wennevold					37		37
20	Rikard Filip Nordahl						30	30



NoName

SENHøstligaen 2023 -Runde 1 2023 -Runde 2 2023 -Runde 3 2023 -Runde 4 2023 -Runde 5 2023 -Runde 6 Total

Pro Open

Mixed Amateur 3

Mixed Amateur 4

Pro Master 40+



NoName	SENHøstligaen 2023 -Runde 1	SENHøstligaen 2023 -Runde 2	SENHøstligaen 2023 -Runde 3	SENHøstligaen 2023 -Runde 4	SENHøstligaen 2023 -Runde 5	SENHøstligaen 2023 -Runde 6	Total
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Pro Open

Mixed Amateur 3

Mixed Amateur 4

Pro Master 40+

1 Andre Bakke

50

50

100



NoName	SENHøstligaen 2023 -Runde 1	SENHøstligaen 2023 -Runde 2	SENHøstligaen 2023 -Runde 3	SENHøstligaen 2023 -Runde 4	SENHøstligaen 2023 -Runde 5	SENHøstligaen 2023 -Runde 6	Total
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Pro Open

Mixed Amateur 3

Mixed Amateur 4

Pro Master 40+

2 Dag Johnsen

50

50

NoName	SENHøstligaen 2023 -Runde 1	SENHøstligaen 2023 -Runde 2	SENHøstligaen 2023 -Runde 3	SENHøstligaen 2023 -Runde 4	SENHøstligaen 2023 -Runde 5	SENHøstligaen 2023 -Runde 6	Total
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Pro Open

Mixed Amateur 3

Mixed Amateur 4

Pro Master 40+

NoName	SENHøstligaen 2023 -Runde 1	SENHøstligaen 2023 -Runde 2	SENHøstligaen 2023 -Runde 3	SENHøstligaen 2023 -Runde 4	SENHøstligaen 2023 -Runde 5	SENHøstligaen 2023 -Runde 6	Total
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Pro Open

Mixed Amateur 3

Mixed Amateur 4

Pro Master 40+

NoName	SENHøstligaen 2023 -Runde 1	SENHøstligaen 2023 -Runde 2	SENHøstligaen 2023 -Runde 3	SENHøstligaen 2023 -Runde 4	SENHøstligaen 2023 -Runde 5	SENHøstligaen 2023 -Runde 6	Total
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Pro Open

Mixed Amateur 3

Mixed Amateur 4

Pro Master 40+

NoName	SENHøstligaen 2023 -Runde 1	SENHøstligaen 2023 -Runde 2	SENHøstligaen 2023 -Runde 3	SENHøstligaen 2023 -Runde 4	SENHøstligaen 2023 -Runde 5	SENHøstligaen 2023 -Runde 6	Total
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Pro Open

Mixed Amateur 3

Mixed Amateur 4

Pro Master 40+



NoName	SENHøstligaen 2023 -Runde 1	SENHøstligaen 2023 -Runde 2	SENHøstligaen 2023 -Runde 3	SENHøstligaen 2023 -Runde 4	SENHøstligaen 2023 -Runde 5	SENHøstligaen 2023 -Runde 6	Total
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Pro Open

Mixed Amateur 3

Mixed Amateur 4

Pro Master 40+



NoName	SENHøstligaen 2023 -Runde 1	SENHøstligaen 2023 -Runde 2	SENHøstligaen 2023 -Runde 3	SENHøstligaen 2023 -Runde 4	SENHøstligaen 2023 -Runde 5	SENHøstligaen 2023 -Runde 6	Total
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Pro Open

Mixed Amateur 3

Mixed Amateur 4

Pro Master 40+

Pro Open Women



NoName	SENHøstligaen 2023 -Runde 1	SENHøstligaen 2023 -Runde 2	SENHøstligaen 2023 -Runde 3	SENHøstligaen 2023 -Runde 4	SENHøstligaen 2023 -Runde 5	SENHøstligaen 2023 -Runde 6	Total
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Pro Open

Mixed Amateur 3

Mixed Amateur 4

Pro Master 40+

1 Maja Erke

50

50

No			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	+/-	Sum					
		Par	3	3	3	3	3	3	3	3	4	3	3	4	3	3	3	3	3	3	3		56				
Pro Open																											
1	Henrik Villadsen	09/23/23 13:00			2	3	3	2	3	3	4	3	3	3	4	4	3	3	2	3	4	2	2	-2	54	-2	54
2	Håvard Harnes Mongstad	10/14/23 13:00			3	3	2	5	3	3	3	4	5	3	3	4	3	2	2	5	2	2	+1	57	+1	57	
3	Daniel Løkse	10/07/23 13:00			2	4	4	3	4	3	4	4	5	3	4	4	2	3	3	3	2	2	+3	59	+3	59	
4	Magnus Thorstensen	10/07/23 13:00			3	3	3	3	3	5	4	3	6	3	4	4	3	3	3	2	3	2	+4	60	+4	60	
4	Torkjell Romskaug	10/07/23 13:00			2	3	3	3	2	5	4	3	3	3	3	7	3	3	3	3	4	3	+4	60	+4	60	
6	Bendik Alm	10/07/23 13:00			2	4	3	3	3	3	3	3	6	3	4	5	5	3	3	2	2	4	+5	61	+5	61	
7	Marko Juhola	09/23/23 13:00			3	5	3	4	2	3	3	3	5	3	3	7	3	3	3	3	3	5	+8	64	+8	64	
8	Kristoffer Torp	10/21/23 13:00			2	3	4	3	3	4	4	2	5	3	3	5	3	4	5	3	3	8	+11	67	+11	67	
9	Nicolai Aasen	09/23/23 13:00			3	3	4	3	4	3	3	3	6	3	3	5	3	3	2	3	3	2	+3	59	+12	124	
9	Mathias Bergane Johansen	09/16/23 13:00			4	4	4	5	3	5	3	3	6	2	3	5	2	4	4	3	3	3	+12	68	+12	68	
11	Martin Myrvang	10/21/23 13:00			4	3	3	3	3	5	4	4	7	3	4	7	3	3	3	4	2	4	+13	69	+13	69	
12	Marius Prøsch	10/21/23 13:00			2	3	3	2	5	3	4	4	7	2	4	10	3	4	3	3	5	3	+14	70	+14	70	
13	Lars Henning Pedersen	10/21/23 13:00			3	4	3	3	3	4	4	4	5	3	4	5	4	4	4	4	4	6	+15	71	+15	71	
14	Isak Ingvald Sagedal Aalholm	10/07/23 13:00			2	2	4	3	3	3	4	3	5	3	3	4	3	3	2	2	2	4	-1	55			
		10/21/23 13:00	2	4	4	3	3	3	3	3	6	3	4	10	3	7	5	3	2	4	+16	72	+16	184			
15	Espen Borgersrud	10/14/23 13:00			1	3	3	3	4	4	3	4	7	4	3	7	4	3	3	3	3	4	+10	66			
		10/21/23 13:00	3	3	3	4	4	5	4	4	6	3	3	6	3	3	5	3	3	5	+14	70	+24	136			
Mixed Amateur 3																											
1	Jens A. Kristiansen	10/07/23 13:00			3	2	3	2	3	4	3	5	6	3	3	4	3	3	2	5	2	3	+3	59	+3	59	
1	Vegard Egeberg	10/14/23 13:00			3	3	3	4	3	5	4	3	5	2	3	5	3	2	3	3	3	2	+3	59	+3	59	
3	Said Zabihian	10/14/23 13:00			2	3	3	3	2	4	3	6	5	3	3	6	3	3	3	3	2	4	+5	61	+5	61	
3	Anders Nielsen	09/23/23 13:00			2	3	3	5	5	3	3	4	5	3	3	4	3	3	3	3	3	3	+5	61	+5	61	
5	Andreas Emanuel Enger	09/16/23 13:00			3	3	3	3	3	4	4	3	5	2	3	5	3	3	5	3	4	6	+9	65	+9	65	
5	Philip Berge	09/23/23 13:00			4	4	3	6	4	4	3	3	6	2	3	4	4	3	4	4	2	2	+9	65	+9	65	
7	Anders Bringslid	09/23/23 13:00			3	3	3	4	3	3	4	5	5	3	4	7	4	2	3	3	3	4	+10	66	+10	66	
8	Øivind Lundberg	10/14/23 13:00			3	3	3	4	4	4	3	3	5	2	5	5	4	3	4	3	3	6	+11	67	+11	67	
9	Jonas Hæstad	09/23/23 13:00			2	3	2	3	3	4	5	3	4	2	4	4	3	3	3	2	2	3	-1	55			
		10/14/23 13:00	4	4	4	3	3	5	3	5	6	2	4	6	3	3	4	3	3	4	+13	69	+12	124			
9	Marc Johannsen	10/21/23 13:00			3	5	3	4	3	4	5	4	6	3	3	5	3	3	3	5	2	4	+12	68	+12	68	
11	Lars Myhrer	10/07/23 13:00			3	4	3	3	2	3	4	4	5	3	3	4	3	3	4	3	2	4	+4	60			
		10/14/23 13:00	3	3	5	3	4	4	3	3	5	4	5	6	3	3	3	3	3	3	+10	66	+14	126			
12	Isak Ingvald Sagedal Aalholm	09/16/23 13:00			2	3	3	3	3	2	4	3	6	2	2	4	5	3	5	3	2	2	+1	57	+1	57	
12	Henrik Prøsch	10/21/23 13:00			3	4	3	3	6	4	3	3	7	5	4	5	3	4	6	3	2	4	+16	72	+16	72	
14	Dang Quoc Nguyen	09/16/23 13:00			2	3	4	3	4	5	3	3	6	3	3	5	3	3	4	3	3	3	+7	63			
		09/23/23 13:00	2	3	4	3	3	5	3	4	5	3	3	5	3	2	4	5	3	4	+8	64					
		10/14/23 13:00	3	3	3	3	3	3	3	4	4	3	4	5	3	3	2	3	3	3	+2	58	+17	185			
15	Peter Jonasson	10/14/23 13:00			3	4	4	3	6	6	3	4	6	3	4	7	4	3	3	3	2	6	+18	74	+18	74	
16	Even Engen Hedin	10/07/23 13:00			2	3	3	3	4	5	3	4	5	3	4	5	3	3	3	3	3	4	+7	63			
		10/14/23 13:00	2	3	4	4	3	5	3	4	5	4	4	5	5	4	3	3	3	4	+12	68	+19	131			
17	Jørgen Nordahl	10/21/23 13:00			4	4	3	3	3	6	4	4	6	3	3	7	4	3	5	5	5	4	+20	76	+20	76	
18	Elias Larsen	09/23/23 13:00			2	4	3	2	5	5	3	3	7	3	4	5	3	3	3	2	2	2	+5	61			
		10/07/23 13:00	2	3	2	3	2	6	4	2	5	3	4	9	3	3	3	3	2	6	+9	65					
		10/14/23 13:00	3	2	4	3	3	4	3	4	6	3	4	6	4	4	4	3	4	7	+15	71	+29	197			
19	Kenny Lu	09/16/23 13:00			3	4	3	4	4	3	3	4	5	5	3	5	4	3	4	3	4	3	+11	67			
		09/23/23 13:00	3	3	5	4	3	4	4	3	5	3	3	5	3	3	3	3	2	3	+6	62					
		10/14/23 13:00	3	3	2	3	3	6	4	4	4	3	5	4	2	3	3	3	2	3	+4	60					
		10/21/23 13:00	3	4	3	3	3	4	4	5	6	4	3	8	4	4	5	5	3	5	+20	76	+41	265			

No			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	+/-	Sum				
Mixed Amateur 4																										
1	Sander Stilén	10/07/23 13:00			3	4	3	3	3	4	3	3	5	3	4	4	4	3	4	3	2	6	+8	64	+8	64
2	Iver Honningdal	09/16/23 13:00			2	4	5	3	4	4	3	3	5	3	4	8	4	3	4	3	3	4	+13	69	+13	69
2	Jakob Bringslid	09/23/23 13:00			3	4	4	3	5	3	4	3	6	3	4	7	3	4	3	3	2	5	+13	69	+13	69
2	Roger Kvaløy	10/14/23 13:00			3	4	5	3	4	4	3	4	6	3	4	5	4	3	3	4	3	4	+13	69	+13	69
2	Benjamin Eriksen	09/23/23 13:00			3	3	3	5	3	5	4	5	5	3	4	5	4	3	5	3	3	3	+13	69	+13	69
2	Teodor Bruknapp	10/21/23 13:00			3	4	3	3	3	3	4	3	5	4	4	4	4	4	3	6	4	5	+13	69	+13	69
7	Sindre Andresen	09/16/23 13:00			3	4	3	3	5	3	4	4	6	3	4	6	3	4	6	3	3	5	+16	72	+16	72
7	Erlend Kotte Åsgren	10/21/23 13:00			2	3	3	3	3	3	4	5	9	3	4	6	4	4	5	5	3	3	+16	72	+16	72
9	Håvard Egeberg	10/07/23 13:00			3	3	3	5	3	5	4	4	9	5	4	4	3	3	3	3	2	7	+17	73	+17	73
10	Mats Jahr	09/16/23 13:00			2	3	3	4	3	4	2	3	5	2	4	4	3	6	5	3	3	6	+9	65		
		10/07/23 13:00	3	3	3	3	3	3	5	5	6	3	3	7	3	4	5	5	2	2	+12	68	+21	133		
11	Ole Morten Myrvoll	09/23/23 13:00			3	4	4	3	4	5	5	4	5	4	5	9	4	6	3	3	3	6	+24	80	+24	80
11	Andreas Tamnes	10/21/23 13:00			3	6	4	3	3	4	4	4	9	3	4	7	4	5	4	3	5	5	+24	80	+24	80
13	Rikard Filip Nordahl	10/21/23 13:00			4	4	5	4	6	5	4	8	6	3	4	7	4	4	5	4	2	4	+27	83	+27	83
14	Andreas Hammersland	09/23/23 13:00			3	4	3	4	3	3	4	3	6	4	7	6	4	3	4	3	3	3	+14	70		
		10/21/23 13:00	3	4	4	6	3	4	6	4	5	4	4	8	3	3	4	3	3	3	+18	74	+32	144		
15	Anders Holte	09/16/23 13:00			2	4	3	6	3	4	5	3	7	4	5	11	3	3	4	3	3	6	+23	79		
		10/14/23 13:00	3	4	4	4	5	4	4	4	5	3	5	5	4	4	3	5	2	5	+17	73	+40	152		
16	Mats Alexander Wennevold	10/14/23 13:00			5	4	6	4	6	7	5	8	8	4	4	11	7	3	6	4	4	3	+43	99	+43	99
17	Magnus Nyhammer	10/14/23 13:00			4	4	4	3	5	5	4	5	7	4	4	6	3	3	5	3	2	3	+18	74		
		10/21/23 13:00	4	3	4	4	5	6	4	4	8	3	5	6	5	7	3	3	3	5	+26	82	+44	156		
18	Benjamin Breang	09/16/23 13:00			2	5	4	4	3	5	6	3	9	3	4	6	4	3	5	3	3	3	+19	75		
		10/21/23 13:00	3	4	2	5	5	4	4	3	8	4	4	8	4	4	6	3	6	5	+26	82	+45	157		
19	Evan Strait	09/23/23 13:00			3	4	5	3	3	3	3	5	6	3	3	4	3	3	3	3	3	5	+9	65		
		10/07/23 13:00	2	4	4	5	3	4	3	3	7	3	4	5	3	4	5	3	3	2	+11	67				
		10/14/23 13:00	3	4	3	3	3	5	3	4	7	3	3	7	4	3	4	3	3	2	+11	67				
		10/21/23 13:00	2	4	4	5	3	5	5	4	6	3	4	6	5	4	4	4	3	5	+20	76	+51	275		
20	Kent Andreas Sæterøy	09/23/23 13:00			3	5	4	4	4	5	4	4	8	3	8	7	4	4	5	8	4	5	+33	89		
		10/21/23 13:00	3	4	4	4	4	6	6	4	8	4	4	7	5	4	6	4	3	6	+30	86	+63	175		
Pro Master 40+																										
1	Knut Pedersen	09/16/23 13:00			2	3	3	3	3	5	3	3	6	3	3	4	3	3	3	4	4	2	+4	60	+4	60
2	Marius Ruud	09/23/23 13:00			3	3	3	3	4	5	3	3	5	3	5	5	3	2	3	3	3	6	+9	65	+9	65
3	Nicolai Aasen	09/16/23 13:00			2	3	2	5	4	3	3	3	5	3	3	5	3	3	6	3	2	7	+9	65	+9	65
3	Dag Johnsen	10/21/23 13:00			2	4	3	4	5	4	4	4	5	3	4	5	4	3	3	3	3	5	+12	68	+12	68
3	Jørn Ivar Hamre	09/16/23 13:00			3	3	3	2	3	7	4	3	5	3	3	5	3	3	5	3	4	6	+12	68	+12	68
6	Andre Bakke	09/16/23 13:00			2	3	3	3	3	5	3	3	7	3	3	5	4	3	3	2	2	3	+4	60		
		10/14/23 13:00	3	3	3	3	6	5	4	4	5	3	4	5	3	3	3	3	2	5	+11	67	+15	127		
7	Karl-Erik Aleksandersen	09/23/23 13:00			2	3	3	3	3	4	3	3	5	2	3	4	3	3	2	4	2	3	-1	55		
		10/14/23 13:00						4	4	4	5	3	4								+5	DNF	+999	999		
Pro Open Women																										
1	Maja Erke	09/23/23 13:00			2	3	3	4	3	3	3	5	6	3	4	6	3	2	3	3	3	3	+6	62	+6	62

Hole-by-hole statistics

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Tot	%
Par	3	3	3	3	3	3	3	3	4	3	3	4	3	3	3	3	3	3	56	
Avg	2.7	3.5	3.4	3.5	3.6	4.2	3.7	3.8	5.8	3.1	3.8	5.8	3.5	3.4	3.8	3.4	2.9	4	67.7	
Difficulty	1	8	6	7	10	16	11	13	17	3	14	18	9	4	12	5	2	15	11.7	
Hole in one	1																		1	0%
Birdie -1	31	3	6	5	5	1	1	2	2	11	1		3	6	7	6	30	13	133	9%
Par 0	43	41	47	47	47	23	36	36	3	58	31	19	47	53	36	57	39	22	685	45%
Bogey 1	8	35	24	20	17	28	38	34	35	13	43	28	27	20	18	10	11	18	427	28%
Double Bogey 2	1	4	6	9	10	25	7	10	26	3	8	13	6	1	17	9	3	15	173	11%
Triple Bogey 3		1	1	3	5	6	3	1	10			14		2	6	1	1	12	66	4%
Other >3						2		2	9		2	10	1	2		1		4	33	2%