

Mandagsflex

		11 - 08:40	
		Kim Aardal	
		Morten Kvernstrøm	
		Petter egholm	
		Espen Liseth	

			20 - 10:10
			Knut Borgenvik
			Aleksander borgenvik

			44 - 14:10
			Bjørn Monge
			Eivind Lode

		54 - 15:50	
		Henrik Eikemo-lilledal	
		Patrick Harbo	

		59 - 16:40	
		Espen Bernhardsen	
		Ruben Bernhardsen	

61 - 17:00	62 - 17:10	63 - 17:20	
Harald Matre Dahl	Stian Langaas	Tor Bjørn Andersen	
Simen Lilleås	Henning Tjølsen	Inge Arild Leknes	
Olav Andreas Lilleås			

		66 - 17:50	
		Frode Karlsen	
		Joachim Kruger	